



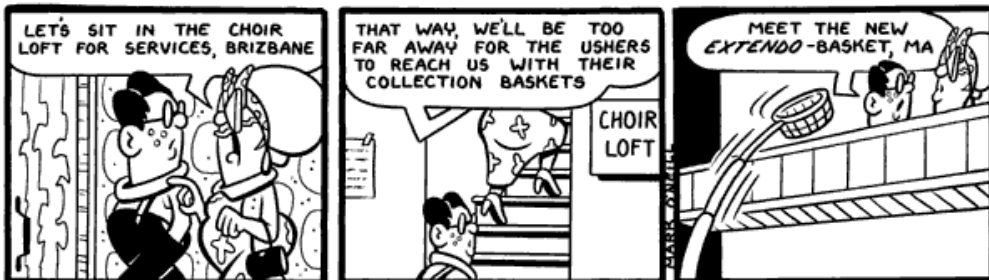
Kid's Corner

October 2 is a day set aside to celebrate the Holy Guardian Angels. Everyone has a guardian angel--a spirit assigned by God to watch over us during our lifetime. Do you know the prayer to our guardian angels? Use the dictionary definitions given at right to help you think of the correct words. Then fill in the blanks! The definitions are in the same order as the blanks.

Angel of God,
My ① _____ dear,
To whom his ② _____
commits me here,
Ever this ③ _____
(or ④ _____)
Be at my side,
To light and ⑤ _____,
To rule and ⑥ _____.
Amen.

- 1) n. a protector, keeper, custodian.
- 2) n. a powerful emotion felt for another person, manifesting itself in deep affection or devotion.
- 3) n. the time during which the sun is above the horizon.
- 4) n. the time during which the sun is below the horizon; darkness.
- 5) v. to keep watch over so as to protect from danger; defend.
- 6) v. to direct the course of, steer; to direct; influence.

Visit our web site, www.mp-cc.net for the answers.



© Mark O'Neill / Dist. by FS, Inc.

✠ Prayer Intentions ✠

Please complete the form below with your request & drop it off in the box located on the back table of the church or in the collection basket at Mass. Your Prayer Intention will be received and remembered in prayer before the Blessed Sacrament by The Manoa-Punahou Catholic Community.

Your Name: _____

For the Intention Of: _____

Type of Prayer Intention: (check box)

- | | |
|---|--|
| <input type="checkbox"/> Birthday | <input type="checkbox"/> 1st Communion |
| <input type="checkbox"/> Wedding/Marriage | <input type="checkbox"/> Confirmation |
| <input type="checkbox"/> Anniversary | <input type="checkbox"/> Outpouring of the Holy Spirit |
| <input type="checkbox"/> Healing | <input type="checkbox"/> General Intentions |
| <input type="checkbox"/> Repose of the Soul | <input type="checkbox"/> Vocation |
| <input type="checkbox"/> Baptism | |

Visit our web site www.mp-cc.net to send additional prayer intentions.

The Newsletter of the Manoa-Punahou Catholic Community

Ka Lama Kuhikahi

Vol 1, Issue 8 "The Beacon" October 2003



Dear Friends In Christ,

"Faith" for Christians is an action word. The consequence of believing in Jesus and His Gospel message is a commitment to live and act as Jesus modeled for us. In many passages of Scripture (see, for example, Mt 25:31-46), care for the poor and sick is held up as a standard for discipleship. We see Jesus himself frequently curing the sick and assisting those in need (for example, Lk 4:38-44 and 5:12-16). Among the works of mercy (works of mercy: "charitable actions by which we come to the aid of our neighbor in his spiritual and bodily necessities" - Catechism #2447) one finds consoling, feeding the hungry and visiting the sick.

In the MPCC, we find many parishioners actively involved in such ministries. I'd like to draw attention to just one part of this ministry, our outreach to the elderly, sick, and homebound. Through the ministry of the Legion of Mary (contact: Linda Nishigaya), the MPCC Healthcare Ministry (contacts: Chanel Howes, Parish Nurse Nancy Frazier, and Deacon Vince Wozniak), and our Special Ministers of the Eucharist (contact: Irene Kawamura), some two-hundred of our elderly, sick, and homebound are visited weekly. This ministry is done quietly and behind-the-scenes by a selfless group of volunteers. Each week, various ministers visit Shriners Hospital for Children, Hale Nani Nursing Home, Arcadia, One Kalakaua, Oahu Care Facility, and Island Nursing Home. Mass is offered at least monthly at Hale Nani Nursing Home, Arcadia, One Kalakaua, and Oahu Care Facility. The philosophy of the MPCC can be summarized very simply as "if you can't come to the Church, the Church will come to you!" And, of course, there are many of our parishioners who are brought the Eucharist weekly, right in their own homes or other facilities.

I do have a big favor ... If you know of someone who is unable to attend Mass and would like to receive the Eucharist, please let us know (call 973-2211 or 988-3308 - for emergencies, touch 64). If someone is hospitalized, please let us know so that we can at least pray for them. We try to visit all of our hospitalized parishioners if we know where they are. Also, with recent changes in the law, unless someone notes that they are Catholic and would like a visit from the priest, the hospital staff may not let us in. Just recently, I was almost refused entrance to a hospital room because of this technicality.

Our community is very much committed to reaching out to our elderly, sick, and homebound. If you have a suggestion on how we can improve this ministry, please let me know (malexander@mp-cc.net or 973-2211, Ext. 31).

Yours in Christ,

Fr. Marc

♥ "Improvements at Heart" ♥

Fundraising for the Improvements at Heart has moved along extremely well--we have passed the \$1.7 Million mark. We are thankful for the support and pledges we have received from our Sacred Heart community. We are also thankful for the gifts of parishioners within our larger Manoa Punahou Catholic Community. Both parishioners of St. Pius X and the Korean Catholic Community have pledged money to support the restoration and improvements to Sacred Heart Church. Naming opportunities are still available for those interested in providing a gift in memory of a loved one or in their family name. Please contact us for the opportunities that remain.

Permitting continues to progress. We have recently received the first set of written comments from the Department of Planning and Permitting. We will now have the opportunity to address those comments. Thank you for your continued prayers and support. As always please do not hesitate to contact me should you have any questions (tpapandrew@mp-cc.net or 973-2211, Ext. 25).

Serving In Ministry



At the back of St. Pius X Church is a big fishing net covered with paper fishes with names of parishioners who have been "hooked."

The colorful display is all part of a unique and innovative theme "Getting Hooked on Ministry" used by Willa Papandrew, chair of the Stewardship Committee at St. Pius X, to attract parishioners for ministry service.

The display combined with a short talk at the end of the Homily was successful in attracting more than 70 parishioners within the first two weeks (many signing up for more than one ministry). "The response has been wonderful," Willa said.

Once "hooked", parishioners will receive a fishing license signed by Father Marc Alexander acknowledging their commitment for the next year.

Sacred Heart Parish has also been busy signing up new ministry recruits with a ministry fair, September 27-28, which highlighted more than 30 different ministries available at the parish.

According to Tom Papandrew, MPCC's new parish administrator, there are many ministries at both parishes that need volunteers. Ministries at St. Pius X that need volunteers include ushers and greeters, Special Ministers of the Eucharist (SME's), and lecturers. Sacred Heart Parish needs more Special Ministers of the Eucharist (SME's) as well as catechists for the religious education department, RCIA, and ushers and greeters.

"Serving in the parish is a great way to give back and to use your talents in the service of God and also to get to know new people in the parish," Tom said.

If you are interested in serving in one of the ministries at either St. Pius X or Sacred Heart, please contact the office.



FAQ???

(Frequently Asked Faith Questions)

What is Anointing of the Sick?

Anointing of the Sick was once known as "extreme unction" or the "last anointing." During some centuries there was a tendency to reserve this sacrament only for those quite near death, thus the sacrament then became known as "extreme unction." The Church has made it clear that it wishes this sacrament for the sick to be more generally available. According to St. James there should be special care and concern that those who are dangerously ill due to sickness or old age receive this sacrament. The sacrament may be repeated if a sick person recovers after anointing or if during the same illness the danger becomes more serious. A sick person should be anointed before surgery if an illness is the reason for the surgery. Elderly people may be anointed if in a weak condition, even if no dangerous illness is present.

Anointing of the Sick calls down the Grace of the Holy Spirit. In a special way Christ charges his priests to anoint the sick while praying over them in a sacramental gesture that would more properly represent a deed of His own personal care. (cf James 5:14). In the sacrament of the Anointing of the Sick, the Church extends the healing hand of Christ to one who is dangerously ill or weakened by age.

- information taken from "The Teaching of Christ - a Catholic Catechism for Adults - 4th edition"

**You Have Questions?...We Have Answers...
Visit our website to read and post questions.**



Sacred Heart and St. Pius X parishes have made a commitment to RENEW, which will begin in the fall of 2004. Parishioners who experienced RENEW the last time it was offered say that it was responsible for their commitment to the community and to a more meaningful living out of the Gospel message.

RENEW fosters spiritual renewal, evangelization, and the transformation of the world through parish-based small Christian communities.

"A small Christian community is a face-to-face gathering of six to twelve people who invest time with one another for the common purpose of applying gospel values to every aspect of their lives" (*Small Christian Communities: A Vision of Hope for the 21st Century*, p 106).

Greg Kremer with RENEW International will be here in late October to work with us as we begin our orientation in RENEW. This orientation will take place on Saturday, October 25, from 9 am to noon at St. Pius X Parish Hall.

"One way of renewing parishes, especially urgent for parishes in large cities, might be to consider the parish as a community of communities and movements."

"It seems timely therefore to form ecclesial communities and groups of a size that allows for true human relationships. This will make it possible to live communion more intensely, ensuring that it is fostered not only ad intra, but also with the parish communities to which such groups belong and with the entire diocesan and universal church.

"In such a human context it will be easier to gather to hear the Word of God, to reflect on the range of human problems in the light of this Word and gradually to make responsible decisions inspired by the all-embracing love of Christ." (Pope John Paul II "The Church in America", January 22, 1999)

NEWSLETTER PRINTED & BULK MAIL AUTOMATION PROVIDED BY THE ST. MICHAEL CENTER—A NON-PROFIT CATHOLIC LAY ORGANIZATION ENCOURAGING PASTORS TO USE TECHNOLOGY IN EVANGELIZATION! THE USE OF TECHNOLOGY TO PROMOTE THE CATHOLIC FAITH.

BEGINNING APOLOGETICS 1:

HOW TO EXPLAIN AND DEFEND THE CATHOLIC FAITH - by Father Frank Chacon, Jim Burnham
Gives clear, Biblical answers to the most common objections Catholics

get about their faith. Helps you explain your faith clearly, defend it charitably, and share it confidently. #B1410, 40 pp., Price : \$4.95.

THE YEAR OF THE ROSARY - THE HOLY ROSARY - The Mysteries Explained.

A practical explanation of how the Rosary can help you and your family. It is a step by step spiritual approach to enable one to use the power of the Rosary as a means to make a change and improve our lives for the better especially dealing with difficulties and chaos in a very stressful world...\$10 (2 cassettes)

BEGINNING APOLOGETICS 5:

HOW TO ANSWER TOUGH MORAL QUESTIONS, ABORTION, CONTRACEPTION, EUTHANASIA, TEST-TUBE BABIES, CLONING & SEXUAL ETHICS - by Father Frank Chacon, Jim Burnham
Explores Catholic teaching regarding

areas of the Moral Law, abortion, mercy killing, contraception, reproductive technology, sexual regulations, death penalty, drugs, alcohol and tobacco. #B1385, 39 pp., Price : \$4.95

ST. MICHAEL CENTER

1481 S.King St. #150B
Honolulu, HI. 96814
www.jmjstore.org
808.943.7088

October Calendar of Events

- 1 Feast of St. Therese of the Child Jesus
- 2 Quiet Prayer and Bilingual Benediction, PX
- 4 Feast of St. Francis of Assisi
- 5 27th Sunday in Ordinary Time
First Day of Religious Education, SH
Confirmation / Youth Ministry BBQ, SH
- 9 Quiet Prayer and Benediction, SH
- 12 28th Sunday in Ordinary Time
Blood Pressure Screening, SH
- 13 Columbus Day (Offices Closed)
- 19 29th Sunday in Ordinary Time
- 25 RENEW Orientation, PX
- 26 30th Sunday in Ordinary Time
- 30 All Hallows Eve

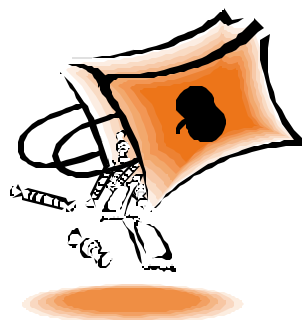


November 1 All Saints Day (Not a Holy Day of Obligation)
November 2 Commemoration of All of the Faithful Departed (All Souls)
Legend: Sacred Heart Parish (SH) and St Pius X Parish (PX)



Reese's Peanut Butter Cup Cookies

- 1 egg
- 1/2 cup butter
- 1/2 cup peanut butter
- 1/2 cup white sugar
- 1/2 cup brown sugar
- 1/2 teaspoon vanilla
- 1/2 teaspoon salt
- 3/4 teaspoon baking soda
- 1 1/4 cup flour
- 1 (14oz.) bag Reese's mini peanut butter cups



Mix together all ingredients except Reese's cups. Roll dough into small balls.

Place balls in small paper candy cups and place on cookie sheet. Heat oven to 350°. Bake 8-10 minutes or until golden brown. Place one Reese's peanut butter cup in center of each cookie. Let cool completely on cookie sheet. Makes 4 dozen.

www.cooks.com

Ka Lama Kuhikuhi is a monthly publication of the Manoa-Punahou Catholic Community. The committee members are:



- Fr. Marc Alexander
- Laura Chipchase
- Greg Concilla
- Lisa Guinaugh
- Debra Ikeno
- Celina Miller
- Janelle Pang
- Tom Papandrew

We welcome your comments and suggestions.

An Offering of the Hearts of Jesus and Mary

O Jesus, only Son of God, only Son of Mary,
I offer Thee the most loving Heart of Thy divine Mother
which is more precious and pleasing to Thee than all hearts.
O Mary, Mother of Jesus,
I offer Thee the most adorable Heart of Thy well-beloved Son,
who is the life and love and joy of Thy Heart.
Blessed be the Most Loving Heart and the most glorious
and Sweet Name of Our Lord Jesus Christ
and the most glorious
Virgin Mary, His Mother,
in eternity and forever.
Amen.

---St. John Eudes

<http://www.ewm.com/Devotionals/prayers/novenah.htm>

The Manoa-Punahou Catholic Community
c/o Sacred Heart Parish
1701 Wilder Avenue
Honolulu, Hawaii 96822-4973

RETURN SERVICE REQUESTED

Ka Lama Kuhikuhi is a monthly publication of The Manoa-Punahou Catholic Community. To receive a copy or additional copies of Ka Lama Kuhikuhi, or if you have a change of address, please send to The Manoa-Punahou Catholic Community, c/o Sacred Heart Parish.

Write or call us at:

The Manoa-Punahou Catholic Community
c/o Sacred Heart Parish
1701 Wilder Avenue
Honolulu, Hawaii 96822-4973

Sacred Heart Parish
Ph. (808) 973-2211
Fax (808) 973-2209

St Pius X Parish
Ph. (808) 988-3508
Fax (808) 988-9313

Email or Visit our Website:
general@mp-cc.net
www.mp-cc.net



NON-PROFIT ORG

U.S. Postage
PAID
PERMIT # 9566
Honolulu, HI